

Jan. 5, 2018
Volume 39

Welcome to the
**City of Richmond
Heights, Ohio,**
e-newsletter.

TOPICS:

Mayor's Message

News, Events,
Highlights

**RH Youth
Basketball Begins
Jan. 13**

The Richmond Heights Youth Basketball League kicks off on Saturday, January 13. Please stop by to enjoy the games. Spectator admission is free. Games start in the RH Middle School gymnasium at 9 a.m. and continue until 1:30 p.m.

**Smoking
Cessation Classes
Begin Jan. 16**

Free tobacco cessation [7-week seminars](#) will be hosted by the Cleveland Clinic

Mayor's Message



Richmond Heights Mayor
David H. Roche

Welcome to our bi-monthly e-newsletter publication. Happy New Year! In addition to reading our e-newsletter, be sure to visit our [website](#) regularly to see public notices, news and other items of interest.

News, Events, Highlights

Next HeartSaver CPR Course is Monday, January 8

A HeartSaver CPR course will be held at the Richmond Heights fire station on Monday, January 8, from 6:30 p.m. to 9:30 p.m. Division of Fire in partnership with UH Richmond Medical Center offers bi-monthly CPR courses to residents of Richmond Heights. The HeartSaver® CPR AED Course is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. Call Chief Neumann at (216) 383-6304, if interested. Class size is limited to 12 students per class. These classes are FREE to residents of Richmond Heights. This course is for the general public; it is not the Healthcare Provider Course. Participants must be at least 16 years old to attend.

Curbside Leaf Pickup Over for Season; Bag Leaves and Put Out with Rubbish

Continuous curbside leaf pickup ended for the season effective January 1 and will resume again in October. Please plan to bag your leaves and place them outside for pickup by your rubbish company.

University Hospitals to Offer Free, Educational Talks at Richmond Town Square

Join Dr. J. Welles Henderson for a [series of talks](#) designed for women. Mothers, daughters, aunts, grandmothers and friends are invited to hear Dr. Henderson present on topics that will help women take control of their individual health care needs. Subjects span from, "Pelvic Health and Wellness: A Discussion of the Myths and Facts of Female Pelvic Floor Disorders" to "Urinary Incontinence: Common and Treatable." The talks

starting Tuesday, January 16.

Lunch Bunch Meets Feb. 1

The next [Lunch Bunch](#) is Thursday, February 1, at Michael's Bar & Grille. Registration is required, and participants are responsible for lunch bill.

STC Contract Renewed

Recently, the City renewed its contract with the Senior Transportation Connection. Seniors and people with disabilities will continue being able to utilize STC's services for a nominal fee.

are free, and reservations are required. Meetings will be held at Richmond Town Square in the months of January and February. For more information or to reserve a seat, call (440) 585-6289. Complimentary refreshments will be provided.

Financial Wellness Class to be Held by Cleveland Clinic on Wednesday, January 17

Come learn Strategies for Financial Wellness during a complimentary, special [class](#) at Euclid Hospital's Waltz Auditorium on Wednesday, January 17, from 7:00 p.m. to 8:30 p.m. The program will furnish concepts to help attendees live within their means, use credit cards the "right" way, pay off debt and learn how to save for larger purchases. Following the program, a panel of experts will be available to engage with the audience one-on-one. Register by calling (216) 692-7515 or by visiting the Clinic [online](#).

Learn About Cuyahoga Greenways on Thursday, January 18

Cuyahoga Greenways is a joint effort between County Planning, Cleveland Metroparks and NOACA to build an interconnected system of greenways and trails that link neighborhoods, parks, and transportation, creating a comprehensive countywide network. Visit the Beachwood Community Center (25325 Fairmount Blvd., Beachwood) from 6:30 p.m. to 8:30 p.m. on Thursday, January 18, to learn about the East Side Greenway. The public meeting will be an opportunity to share thoughts and opinions and gather additional information on this initiative.

Cuyahoga County Public Library Now Offers New Events Calendar

Be sure to check out the Cuyahoga County Public Library's new [Events Calendar](#), where visitors can view programs in list view or calendar view and narrow their search by branch, age group, event type or keyword.

Spartans Favored to Win in Chagrin Valley Basketball Conference

The Richmond Heights Local School District's high school basketball team is favored to win in the Chagrin Valley Conference. The district encourages the community to rally around its potential state champions by attending upcoming [games](#).



[City of Richmond Heights](#)
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