

**Oct. 23, 2020**  
**Volume 109**

## MAYOR'S MESSAGE

Welcome to the  
**City of Richmond  
Heights, Ohio**  
e-newsletter



**Richmond Heights Mayor**  
David H. Roche

### News, Events, Highlights:

City Website updated  
frequently at  
[www.richmondheights.ohio.org](http://www.richmondheights.ohio.org)

Daily Facebook  
Updates

[Fire Department](#)

[Police Department](#)

[Recreation  
Department](#)

**Virtual  
Meetings via Zoom**  
*Check website for  
links*

**Oct. 27, 2020**  
Safety Committee  
6:30 pm

Finance Committee  
7:00 pm

Committee of the  
Whole 7:30 pm

Council Mtg.  
8:15 pm

Welcome to our e-newsletter publication. Flu season is getting underway against the backdrop of COVID-19 making it more important than ever to get your flu shot early. UH and other area health professionals are encouraging us to make sure we protect ourselves and loved ones by immunizing ourselves against the flu. Children generally do not have severe disease, with influenza, but they can be reservoirs for passing it onto others such as their grandparents. Those people receiving the flu vaccine generally have milder symptoms if they do contract the flu, lessening their chances of hospitalization and severe complications. To schedule an appointment for flu shot at UH call (877) 202-3903. Or call your health care provider for his or her best recommendation for you and your family. Stay healthy and stay well.

## NEWS, EVENTS, HIGHLIGHTS

**[Community Conversations on Structural Racism Oct 23, 24 & 26 Sign Up NOW](#)** held by The Office of Community Engagement Public Benefits & External Relations Cuyahoga Job & Family Services, Department of Health and Human Services & partnering with Cuyahoga Citizens' Advisory Council on Equity.

**[Cleveland Water Residential Claim Form Due to Water Main Break LINK](#)** Cleveland Water asks for those homes affected by the Water Main Break on Saturday October 17<sup>th</sup> in Richmond Heights at Highland Road west of Trebisky to fill out a claim form.

### **[EARLY IN PERSON VOTING HOURS](#)**

The link above will take you to the Cuyahoga County Board of Elections. Their website can answer any questions you have regarding the election, and your polling locations.

**Community Partnership on Aging Nature Walks in the Park**

Through November join the CPA at the Kiwanis Lodge in Richmond Heights every Monday morning at 10 am

**UNIVERSITY HOSPITALS RH FREE WALK YOURSELF WELL CLUB IN OCTOBER**

Tuesdays (weather permitting) October 6th through October 27th beginning at 9:00 am to 9:30 am. To join the club, call 440-735-4700.

**Green Lights & Red Flags; Free Virtual Workshop For Small Business Owners OCTOBER 29, 2020- 1:00 pm to 3:45 pm**

**TRICK OR TREAT 2020 SATURDAY OCTOBER 31, 6:00-8:00 PM**

In accordance with the Governor's up to date [Responsible RestartOhio recommended guidelines for "Trick or Treat 2020 \(Celebrating Halloween\)"](#), the City of Richmond Heights will allow, but not encourage, Trick or Treat. The City recommends each resident should decide for themselves if they choose to participate or not. Residents who choose to participate, should follow the current Governor's Guidelines and be safe when practicing social distancing, wear appropriate face coverings, checking & disinfecting your candy wrappers, and disinfecting hands regularly throughout the two-hour time period.



**OCTOBER IS BREAST CANCER AWARENESS**

**MONTH** Tomosynthesis is mammography only better. UH Bedford and Richmond Medical Centers provide advanced (Tomosynthesis) at no extra cost to the patient. That means there is a 41% increase in invasive cancer detection with 3-D Mammography,

15% decrease in unnecessary recalls for false alarms & 29% increase in detection of all breast cancers. Schedule your mammogram at UH Bedford or Richmond Medical Centers by calling 440-735-4200.

**Cleveland Clinic Mammograms and Covid-19 Curbside Check-in**  
Willoughby Hills Family Health Center Wed., Oct. 28<sup>th</sup> & Thurs., Oct. 29<sup>th</sup>. Call 216-444-2626 to schedule your mammogram.

**Community Partnership on Aging Emergency Food Boxes**

CPA is providing emergency food boxes to residents over the age of 60. Boxes contain 5-7 lunches. Distribution is through contactless curbside pick-up. The most convenient site for Richmond Heights residents is the Highland Heights Community Center & Ross DeJohn Community Center (Mayfield Heights) on Wednesdays). The lunch program is free (donations accepted) Reservations are due at 3:00 pm the TUESDAY before the week lunches are requested. Reservations are made by calling 216-650-4029.



Like & follow our [Fire Department](#), [Police Department](#) & our [Recreation Department](#) on their Facebook pages for up to the minute news & events.



**City of Richmond Heights**  
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